



Want to start your own Inspirational Coffee Club?

Imagine the feeling of knowing you have others around you working together to support one another in actively living the 12 Ground Rules for Life outlined in *Inspirational Coffee Breaks for Women*. There's just no substitute for the fun and camaraderie of an Inspirational Coffee Club experience—it's the perfect blend of fun, motivation and encouragement. It can be one of your most powerful tools for a successful, fulfilling life. Plus, starting your own coffee club is easy! Here are some easy suggestions to help you get started:

1. Gather your group. Inspirational Coffee Clubs come in all sizes! An ideal size for an Inspirational Coffee Club is probably 4-6 women, but your Club could be as small as 2 or as large as you'd like. Just keep in mind the larger your group, the more difficult it becomes to coordinate schedules for a time to meet regularly. Reach out to your friends, family, co-workers, church, neighbors, clubs, organizations, company or team members.
2. If you'd like, you can pick a creative name for your Club (i.e. The Second Cup Sisters, The Cream of the Cup, The Latte Ladies, and so forth). Club names are not required, but add some fun and personalization to your group.
3. Register your Club and the names of your Club Members by completing the official Inspirational Coffee Club Registration Form. [Click here](#) to download the Registration Form and email it to Julie@theinspirationalcoffeeclub.com. Once your registration is received, A FREE Leader's Guide will be emailed to you with suggestions for structuring your Club meetings. Materials will include an outline to conduct your Coffee Club meetings, information on how to lead fulfilling and balanced discussions, fun and unique activities for the group to enhance each chapter, along with additional questions for discussion. By registering your Club, all members will receive a free subscription to the Inspirational Coffee Club Monthly newsletter, email

updates on new events and products along with an official Inspirational Coffee Club Membership Card making you eligible for discounts on upcoming Inspirational Coffee Club events and seminars.

4. Encourage all Coffee Club members to purchase the book—*Inspirational Coffee Breaks for Women*—since all discussions will focus around the 12 Ground Rules for Life. The book can be purchased online at www.theinspirationalcoffeeclub.com or at your favorite coffee shop. (If your local coffee shop does not offer the book for sale, please contact The Inspirational Coffee Club Headquarters and we will work with your local shops.)
5. Set a regular meeting time and location for your group. How often will you meet? For how long? (Example: Tuesday mornings at the local coffee shop, Wednesday afternoons in the office workroom, Friday mornings in the church basement). You may choose to meet at the same location each time or choose a different spot each meeting. Some Coffee Clubs like to meet at a different coffee shop or café each month or sometimes meetings are held in people's homes with each member taking a turn to host. You can choose to have coffee, tea, goodies or snacks.
Most Coffee Clubs meet once or twice per month, discussing one chapter each month, (how they feel about what they've read, what they've done to implement that Ground Rule into their lives, and how it's impacted them). Another fun option is for your Club to meet twice a month—the first meeting being the main discussion time for the chapter of the month; the second meeting being a more hands-on activity, event or outing that reinforces the Ground Rule for the month or any of the other principles in the book (charity walks, Woman of Faith conferences, Ladies Nights Out, manicures or massages, social gatherings, volunteer activities, and other fun forms of socializing).
6. Lastly (and most importantly) have fun, encourage and support one another. Challenge each other to try some new things. This is your chance to get to know other amazing, wonderful women more personally so be sure to pour love, kindness and understanding to all those in your group.

Remember, this is your Coffee Club so you can structure it how you'd like it. If you have any questions, please contact The Inspirational Coffee Club Headquarters directly at (605) 271-8983 or email Julie@theinspirationalcoffeeclub.com.